

**Grade 4**

# **Following Christ**

**Teacher's Guide**

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# Introduction

## Dear Teacher,

Thank you for answering the call to teach and lead our children to holiness!

*Faith of the Mountain* is a Maronite Catholic Catechism that helps us lead a holy life worthy of God's Kingdom. In order to reach heaven, we must have the "faith to move mountains." The title, *Faith of the Mountain*, reflects the faith of our Maronite ancestors, which was as unshakable as the mountains.

We begin each lesson with three learning objectives, an opening prayer to be said together, and an introduction followed by three main points. Next, we have two activities to choose from, which are related to the three main points. From there, we include a passage related to the Maronite tradition, followed by a saint or role model who lived a holy life. We then have a recall section to test knowledge. A weekly journal is offered to apply one's knowledge from the lesson and to encourage meditative prayer. A concluding prayer rounds out this section of the lesson.

If time permits, you can move to the "Climbing the Mountain" section, which offers a Scripture passage and a quote from a saint so that you and your students can climb higher in faith by reflecting on the Word of God together. If you do not have time, encourage children and their parents to work on the "Climbing the Mountain" section together at home.

In the "Reaching the Summit" section, designed for more advanced students with guidance from a teacher or another adult, the reader will find additional information to climb even higher. This section will often include a paragraph from Catholic Social Teaching, specifically from the Compendium of Social Doctrine (abbreviated as CSDC) and the Catechism of the Catholic Church (CCC). Please note: it is highly recommended that you review the Climbing the Mountain, Reaching the Summit, and Words to Know sections before beginning the lesson. You will also see abbreviations for Theology of the Body (TOB) and Catholic Social Teaching (CST) on the Scope and Sequence page for this teacher's manual.

Additionally, a QR code will be provided to allow the reader to experience the breadth and depth of this lesson digitally. A definition of terms at the end of every section points the reader to the most important concepts.

The teacher's manual is meant to be a guide to help you plan your lessons. It does not have to be followed exactly. Feel free to pick and choose activities or rearrange things. You might even like starting with the Climbing the Mountain section. We know some chapters

might lead to lengthy discussions, while others might not. Never feel pressured to fully complete a chapter. If you notice that time is running out, feel free to move around to the most important sections of the chapter. The goal is to give the children the best possible understanding of the Maronite faith so they retain it and carry it throughout their lives.

Grade 4 is titled “Following Jesus.” This chapter is divided into six parts: living like Jesus, the Maronite way, the love of God, family love, love of neighbor, and living in God’s Kingdom.

In Grade 4, your students will acquire five competencies (the ability to do something successfully or efficiently):

1. To follow Jesus better by understanding how to seek the truth, choose what is good, and love what is beautiful.
2. To understand how God speaks to us in our conscience and how to follow God’s voice.
3. To understand the Bible and teachings of God according to the Maronite Church.
4. To know and understand the Great Commandment of love and how to live it in our lives.
5. To know the Corporal and Spiritual Works of Mercy and how this helps us to seek the truth, choose what is good, and love what is beautiful.

Let us now prepare for the journey of following Jesus, which means seeking the truth, choosing the good, and loving the beautiful.

# Scope and Sequence

| Lesson                                                                          | Learning Objectives                                                                                                                                                                                                                                                                                                                       | CCC      | CST/TOB | Scripture References                                                                                                                                                                                                                                                                                                                                                                                                 | Vocabulary                                                                                                                                                                                                                                                                          | Maronite Wisdom/Hymn                                                         | Role Model               | Saint Quote                     |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--------------------------|---------------------------------|
| Part I: Living Like Jesus                                                       |                                                                                                                                                                                                                                                                                                                                           |          |         |                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                     |                                                                              |                          |                                 |
| <b>Lesson 1:</b><br><i>Seek the Truth, Choose the Good, Love the Beautiful.</i> | <ul style="list-style-type: none"> <li>Explore our faith in God, who is good and who created us good.</li> <li>Appreciate the gift of conscience, God's voice within that helps us choose what is good and avoid what is evil.</li> <li>Learn how Saint Maron sought the truth, chose the good, and loved beauty.</li> </ul>              | CCC 319  |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Gen 1:24-25; 27-31<br/><i>Six Days of Creation and the Sabbath</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Jn 14:6<br/><i>The way, and the truth, and the life.</i></li> </ul>                                                                                                                               | <ul style="list-style-type: none"> <li>Beautiful</li> <li>Conscience</li> <li>Evil</li> <li>Good</li> <li>Holiness</li> <li>Responsible</li> <li>Truth</li> </ul>                                                                                                                   | Book of Offering: Anaphora of Saint John Maron (p. 912)                      | Saint Maron              | Saint John Chrysostom           |
| <b>Lesson 2:</b><br><i>Temptation, Sin, and Choices</i>                         | <ul style="list-style-type: none"> <li>Realize that Satan always tempts people not to follow Jesus.</li> <li>Understand that God has given us free will.</li> <li>Carry the responsibility for our choices.</li> </ul>                                                                                                                    | CCC 1849 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Gen 3:1-7<br/><i>The First Sin and its Punishment</i></li> </ul>                                                                                                                                                                                                                                                                                | <ul style="list-style-type: none"> <li>Free will</li> <li>Original Sin</li> <li>Satan</li> <li>Sin</li> <li>Temptation</li> </ul>                                                                                                                                                   | Book of Offering: Anaphora of the Twelve Apostles (p. 768)                   | Saint Simeon the Stylite | Saint Ephrem the Syrian         |
| <b>Lesson 3:</b><br><i>Our Baptism</i>                                          | <ul style="list-style-type: none"> <li>Realize that the Holy Spirit is our helper and guides us to do good things.</li> <li>Understand that the Holy Spirit is present in all Mysteries, and reflect on his role in Baptism.</li> <li>Ask the Holy Spirit, in prayer, to help you overcome temptation and choose what is good.</li> </ul> | CCC 537  |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 3:21-23<br/><i>The Baptism of Jesus</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 3:17<br/><i>"This is my Son, the Beloved, with whom I am well pleased"</i></li> <li>Jn 3:5<br/><i>"Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit."</i></li> </ul> | <ul style="list-style-type: none"> <li>Baptism</li> <li>Counsel</li> <li>Fear of the Lord</li> <li>Fortitude (Courage)</li> <li>Gifts of the Holy Spirit</li> <li>Grace</li> <li>Holy Mysteries</li> <li>Knowledge</li> <li>Piety</li> <li>Understanding</li> <li>Wisdom</li> </ul> | The Mystery of Baptism                                                       | Saint John the Baptist   | Saint Ephrem the Syrian         |
| <b>Lesson 4:</b><br><i>Growing in Virtues</i>                                   | <ul style="list-style-type: none"> <li>Realize that the Christian life involves practicing moral virtue.</li> <li>Understand the role of the virtues of prudence, justice, fortitude, and temperance in your life.</li> <li>Learn how to grow in virtue.</li> </ul>                                                                       | CCC 1803 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 1:26-35<br/><i>The Birth of Jesus Foretold</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Rom 8:15<br/><i>"Abba! Father!"</i></li> <li>Lk 1:28<br/><i>"He came to her and said, 'Greetings, favored one! The Lord is with you.'"</i></li> </ul>                                                              | <ul style="list-style-type: none"> <li>Fortitude</li> <li>Immoral</li> <li>Justice</li> <li>Moral</li> <li>Moral virtue</li> <li>Prudence</li> <li>Temperance</li> <li>Virtue</li> </ul>                                                                                            | Book of Offering, The Rite of Preparation, The Lighting of the Candles (p.5) | Saint James the Hermit   | Saint Gregory the Wonder Worker |

| Lesson                                | Learning Objectives                                                                                                                                                                                                                                                                                                                                  | CCC      | CST/TOB | Scripture References                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Vocabulary                                                                                                                                                                                                                                                          | Maronite Wisdom/Hymn                                                         | Role Model              | Saint Quote             |
|---------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|---------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|-------------------------|-------------------------|
| Part II: The Maronite Way             |                                                                                                                                                                                                                                                                                                                                                      |          |         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                     |                                                                              |                         |                         |
| <b>Lesson 5:</b><br><i>The Bible</i>  | <ul style="list-style-type: none"> <li>Learn about the Ten Commandments as the basis for living as good followers of Jesus.</li> <li>Realize how the whole Bible, both Old Testament and New Testament, is the Word of God.</li> <li>Grow in your desire to listen to, and obey, God's Word, which is proclaimed at every Divine Liturgy.</li> </ul> | CCC 1785 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Ex 19:16-25<br/><i>The People Consecrated</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 5:17<br/><i>"Do not think that I have come to abolish the law or the prophets..."</i></li> </ul>                                                                                                                                                                                                                             | <ul style="list-style-type: none"> <li>Bible</li> <li>Commandment</li> <li>Covenant</li> <li>New Testament</li> <li>Old Testament</li> <li>Salvation history</li> <li>Service of the Word</li> <li>Ten Commandments</li> <li>Word of God</li> </ul>                 | Book of Offering: common to all Services of the Word                         | Saint Elias the Prophet | Pope Saint John Paul II |
| <b>Lesson 6:</b><br><i>Jesus</i>      | <ul style="list-style-type: none"> <li>Understand how Jesus, the Son of God, lived the virtues of faith, hope, and charity.</li> <li>Discover the meaning of the new commandment of Jesus.</li> <li>Develop a stronger love for others by knowing and appreciating the gospels.</li> </ul>                                                           | CCC 1970 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mt 22:34-40<br/><i>The Greatest Commandment</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 22:37, 39<br/><i>"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind"... "and your neighbor as yourself."</i></li> <li>Mt 7:12<br/><i>"Do to others as you would have them do to you"</i></li> <li>Jn 15:12<br/><i>"Love one another as I have loved you"</i></li> </ul> | <ul style="list-style-type: none"> <li>Charity</li> <li>Faith</li> <li>Golden Rule</li> <li>Gospel</li> <li>Great Commandment</li> <li>Hope</li> <li>Law of Love</li> <li>Messiah</li> <li>Theological virtues</li> </ul>                                           | Book of Offering: Anaphora of Saint John (p. 815)                            | Saint Gregory           | Saint Augustine         |
| <b>Lesson 7:</b><br><i>The Church</i> | <ul style="list-style-type: none"> <li>Learn that the Holy Spirit is always with the Church, helping to guide her teachings.</li> <li>Identify the Pope and our Maronite Patriarch as teachers of right and wrong, based on the Gospels.</li> <li>Discover various ways the Church teaches us how to live good and holy lives.</li> </ul>            | CCC 737  |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Acts 2:1-6<br/><i>Coming of the Holy Spirit</i></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                               | <ul style="list-style-type: none"> <li>Apostle</li> <li>Bishop</li> <li>Church</li> <li>Deacon</li> <li>Encyclical</li> <li>Homily</li> <li><i>Hoosoyo</i></li> <li>Pastoral letters</li> <li>Patriarch</li> <li>Pentecost</li> <li>Pope</li> <li>Priest</li> </ul> | Gathered as Your Church Vol 3: O Merciful Father of Truth, G. Abdallah (A22) | Saint Ephrem the Syrian | Saint Irenaeus          |
| <b>Lesson 8:</b><br><i>The Saints</i> | <ul style="list-style-type: none"> <li>Connect the ancestors of our Maronite Church directly with Jesus.</li> <li>Realize that saints are followers of Jesus who lead lives of heroic virtue.</li> <li>Grow in your desire to imitate Maronite saints in following the way of Jesus.</li> </ul>                                                      | CCC 2030 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mt 15:21-28<br/><i>The Canaanite Woman's Faith</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mk 7:24-30<br/><i>The Syrophenician Woman's Faith</i></li> </ul>                                                                                                                                                                                                                                                           | <ul style="list-style-type: none"> <li>Canonization</li> <li>Creed</li> <li>Disciple</li> <li>Feast day</li> <li>Martyr</li> <li>Witness</li> </ul>                                                                                                                 | Book of Offering: Feast of the 350 Martyrs, Entrance Hymn                    | 350 Maronite Martyrs    | Saint Basil             |

| Lesson                                         | Learning Objectives                                                                                                                                                                                                                                                                                                                        | CCC      | CST/TOB | Scripture References                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Vocabulary                                                                                                                                                                  | Maronite Wisdom/Hymn                                                         | Role Model               | Saint Quote             |
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| Part III: Love of God                          |                                                                                                                                                                                                                                                                                                                                            |          |         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                             |                                                                              |                          |                         |
| <b>Lesson 9:</b><br><i>Worship God Alone</i>   | <ul style="list-style-type: none"> <li>Explore the meaning of the first commandment.</li> <li>Consider ways that people today sometimes worship false gods.</li> <li>Discuss false gods we see today.</li> </ul>                                                                                                                           | CCC 2084 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Ex 32:1-6<br/><i>The Golden Calf</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 7:7-8<br/><i>"Ask, and it will be given you..."</i></li> <li>Ex 20:1-3<br/><i>"I am the LORD your God..."</i></li> <li>Lk 19:46<br/><i>"it is written: My house shall be a house of prayer..."</i></li> </ul>                                                                                                           | <ul style="list-style-type: none"> <li>Adore</li> <li>Faithful</li> <li>Holy Trinity</li> <li>Idol</li> <li>Worship</li> </ul>                                              | Book of offering, Service of the Word: Trinity Sunday Entrance hymn (p. 416) | Saint Thecla             | Saint John Chrysostom   |
| <b>Lesson 10:</b><br><i>Respect God's Name</i> | <ul style="list-style-type: none"> <li>Recognize the importance of respecting God and using his name with reverence.</li> <li>Understand that respecting God's name requires a sincere and loving relationship with God as Father.</li> <li>Grow in your desire to bless God with all your words, as did Saint John Chrysostom.</li> </ul> | CCC 2161 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 23:39-43<br/><i>The Crucifixion of Jesus</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mk 3:17<br/><i>"sons of thunder"</i></li> <li>Mt 6:9<br/><i>"Our father..."</i></li> <li>Ex 20:7<br/><i>"You shall not make wrongful use of the name..."</i></li> <li>Jn 6:35, Mt 17:22, Jn 8:12, Jn 10:11<br/><i>The Names of God Activity</i></li> </ul>                                                      | <ul style="list-style-type: none"> <li>Abba</li> <li>Blasphemy</li> <li>Blessing</li> <li>Respect</li> <li>Reverence</li> </ul>                                             | Book of Offering: Anaphora of Saint John Chrysostom (p. 890)                 | Saint John Chrysostom    | Saint Ephrem the Syrian |
| <b>Lesson 11:</b><br><i>The Lord's Day</i>     | <ul style="list-style-type: none"> <li>Explain the third commandment and how the Israelites observed the sabbath.</li> <li>Understand why Sunday became "the Lord's Day" for Christians.</li> <li>Affirm that the Resurrection of Jesus makes all time —past, present, and future — holy.</li> </ul>                                       | CCC 2031 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mk 2:23-28<br/><i>Pronouncement about the Sabbath</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mk 2:27-28<br/><i>"The sabbath was made for humankind..."</i></li> <li>Lev 23:3<br/><i>"For six days shall work be done; but..."</i></li> <li>Ex 20:8<br/><i>"Remember the sabbath day and keep it holy."</i></li> <li>Ex 31:12-16<br/><i>"The Lord said to Moses: You yourself are to..."</i></li> </ul> | <ul style="list-style-type: none"> <li>Hosanna</li> <li>Pharisees</li> <li>Qorbono (Eucharist)</li> <li>Resurrection</li> <li>Sabbath</li> <li>Synagogue</li> </ul>         | Book of Offering: Common to all Anaphoras                                    | Saint Justin Martyr      | Saint Justin Martyr     |
| <b>Lesson 12:</b><br><i>Prayer</i>             | <ul style="list-style-type: none"> <li>Explore what Jesus taught about prayer.</li> <li>Learn that prayer not only helps us grow in friendship with God, it also helps us lead moral lives.</li> <li>Summarize ways that Maronites pray at home, in Church, and throughout the day.</li> </ul>                                             | CCC 2098 |         | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 11:5-13<br/><i>Perseverance in Prayer</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Lk 6:12<br/><i>"went out to the mountain to pray..."</i></li> <li>Thes 5:16-18<br/><i>"Rejoice always, pray without ceasing..."</i></li> </ul>                                                                                                                                                                     | <ul style="list-style-type: none"> <li>Anaphora</li> <li>Church Liturgical Year</li> <li>Devotions</li> <li>Eucharistic Prayer</li> <li>Petition</li> <li>Prayer</li> </ul> | Book of Offering: Common to all Anaphoras                                    | Saint Thérèse of Lisieux | Evagrius the Solitary   |

| Lesson                                            | Learning Objectives                                                                                                                                                                                                                                                                                                                        | CCC      | CST/TOB                                                                                                        | Scripture References                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Vocabulary                                                                                                                                                    | Maronite Wisdom/Hymn                                    | Role Model              | Saint Quote                  |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-------------------------|------------------------------|
| Part IV: Family Love                              |                                                                                                                                                                                                                                                                                                                                            |          |                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                               |                                                         |                         |                              |
| <b>Lesson 13:</b><br><i>Family Honor</i>          | <ul style="list-style-type: none"> <li>Explore the fourth, sixth, and ninth commandments in terms of family life.</li> <li>Learn what makes a family holy by looking to Jesus, Mary, and Joseph.</li> <li>Discover how the Mystery of Crowning helps all family members relate to one another in good ways.</li> </ul>                     | CCC 2248 | CSDC 212<br><br>“A Deeper Understanding of the Church and Marriage.” Pope Saint John Paul II, August 18, 1982. | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 2:41-52<br/><i>The Boy Jesus in the Temple</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Ex 20:12<br/><i>Honor your father and your mother</i></li> <li>Ex 20:14<br/><i>You shall not commit adultery</i></li> <li>Ex 20:17<br/><i>You shall not covet your neighbor's [husband or] wife.</i></li> <li>Rom 13:1<br/><i>“Let every person be subject to the governing...”</i></li> </ul>                                       | <ul style="list-style-type: none"> <li>Adultery</li> <li>Chastity</li> <li>Honor</li> <li>Marriage</li> <li>Mystery of Crowning</li> <li>Obedience</li> </ul> | Book of Offering, The Revelation to Joseph (p. 61)      | Saint Joseph            | Saint Gianna Molla           |
| <b>Lesson 14:</b><br><i>Respect Life</i>          | <ul style="list-style-type: none"> <li>Realize that the fifth commandment calls us to treat all human beings with respect.</li> <li>Learn how Jesus treated children, older people, the disabled, and the sick.</li> <li>Grow in appreciation of the Mystery of Anointing of the Sick and respect for people who are suffering.</li> </ul> | CCC 2319 | CSDC 133                                                                                                       | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 18:15-17<br/><i>Jesus Blessed Little Children.</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Deut 30:16, 19-20</li> <li>Ex 20:13<br/><i>You shall not murder</i></li> <li>Mt 8:14-15<br/><i>“When Jesus entered Peter's house...”</i></li> <li>Mk 10:46-52<br/><i>Bartimaeus</i></li> </ul>                                                                                                                                   | <ul style="list-style-type: none"> <li>Abortion</li> <li>Anointing of the Sick</li> <li>Dignity</li> <li>Soul</li> </ul>                                      | Rite of the Lamp: Third Vigil                           | Saint Rafka             | Saint Thérèse of Lisieux     |
| <b>Lesson 15:</b><br><i>Respect Earthly Goods</i> | <ul style="list-style-type: none"> <li>Affirm the right of all people to own possessions.</li> <li>Explore the seventh and tenth commandments.</li> <li>Realize our duty to be good stewards of all that God has given us.</li> </ul>                                                                                                      | CCC 1866 |                                                                                                                | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 19:1-10<br/><i>Jesus and Zacchaeus</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Ex 20:15<br/><i>You shall not steal</i></li> <li>Ex 20:17<br/><i>“You shall not covet...”</i></li> <li>Gen 4:1-16</li> </ul>                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>Cheating</li> <li>Covet</li> <li>Envy</li> <li>Greed</li> <li>Stewardship</li> </ul>                                   | Book of Offering: Anaphora of Saint John Maron (p. 897) | Saint Anthony the Great | Saint Isaac the Syrian       |
| <b>Lesson 16:</b><br><i>Be Truthful</i>           | <ul style="list-style-type: none"> <li>Describe what the eighth commandment means using modern-day examples.</li> <li>Affirm our belief in the Trinity as the God of truth.</li> <li>Increase our desire to tell the truth, as Saint Stephen did.</li> </ul>                                                                               | CCC 2464 |                                                                                                                | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Jn 4:2-6<br/><i>Testing the Spirits</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Ex 20:16<br/><i>“You shall not bear false witness...”</i></li> <li>Act 11:26<br/><i>Being called Christians</i></li> <li>Jn 14:15-17<br/><i>“if you love me, you will keep...”</i></li> <li>Jn 8:31-32<br/><i>“if you continue in my word, you are truly...”</i></li> <li>Jn 14:6<br/><i>“The way, and the truth, and the life”</i></li> </ul> | <ul style="list-style-type: none"> <li>Christians</li> <li>Honesty</li> <li>Slander</li> </ul>                                                                | Fraction Hymns: Inter-Eparchial Music Commission (40B)  | Saint Stephen           | Saint Gregory the Theologian |

| Lesson                                            | Learning Objectives                                                                                                                                                                                                                                                                                                | CCC                  | CST/TOB      | Scripture References                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Vocabulary                                                                                                                                  | Maronite Wisdom/Hymn                                                      | Role Model             | Saint Quote           |
|---------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------|-----------------------|
| Part V: Love of Neighbor                          |                                                                                                                                                                                                                                                                                                                    |                      |              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                             |                                                                           |                        |                       |
| <b>Lesson 17:</b><br><i>Who is my Neighbor?</i>   | <ul style="list-style-type: none"> <li>Understand that “neighbor” includes strangers—people we do not know and may never meet.</li> <li>Develop a caring spirit for all people.</li> <li>Follow the example of Saint John Maron in praying for our enemies.</li> </ul>                                             | CCC 1939<br>CCC 1942 | CSDC 192     | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 10:29-37<br/><i>The Parable of the Good Samaritan</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 5:43-45<br/><i>“You have heard that it was said...”</i></li> <li>1 Tim 2:5<br/><i>“For there is one God; there is also one mediator...”</i></li> </ul>                                                                                                                                                                                                                                                                                                                                                        | <ul style="list-style-type: none"> <li>Compassion</li> <li>Intercession</li> <li>Neighbor</li> <li>Samaritan</li> <li>Solidarity</li> </ul> | Gathered As Your Church Vol 3: This is My Commandment, G. Abdallah (D13). | Saint John Maron       | Saint Augustine       |
| <b>Lesson 18:</b><br><i>Works of Mercy</i>        | <ul style="list-style-type: none"> <li>Realize that Christian morality includes compassion for the poor.</li> <li>Explain the corporal and spiritual works of mercy.</li> <li>Increase your desire to help the poor, as did Saint Basil.</li> </ul>                                                                | CCC 2446             |              | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mt 25:31-36<br/><i>The Judgement of the Nations</i></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <ul style="list-style-type: none"> <li>Corporal works of mercy</li> <li>Mercy</li> <li>Spiritual works of mercy</li> </ul>                  | Book of Offering: Anaphora of Saint Mark (p. 854)                         | Saint Basil            | Saint Basil the Great |
| <b>Lesson 19:</b><br><i>Forgiveness and Peace</i> | <ul style="list-style-type: none"> <li>Realize words and actions are important, but we must also have a good attitude toward others.</li> <li>Explore Jesus’ teaching about peace, nonviolence, and forgiveness.</li> <li>Grow in our desire to make peace with others, following the example of Jesus.</li> </ul> | CCC 2302             | CSDC 488     | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mt 5:21-24<br/><i>Concerning Anger</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Eph 4:31-32<br/><i>“let all bitterness and wrath and anger and...”</i></li> <li>Mt 5:38-40<br/><i>“You have heard that it was said...”</i></li> <li>Lk 23:34<br/><i>“Father, forgive them, for they do not...”</i></li> <li>Jn 20:21<br/><i>“Peace be with you.”</i></li> <li>1 Sam 17:40-51<br/><i>David and Goliath</i></li> <li>Acts 4:5-22<br/><i>Peter and John before the Sanhedrin</i></li> <li>Lk 11:4<br/><i>“Forgive us our sins, as we...”</i></li> <li>Mt 18:21-22<br/><i>Forgiving seventy-seven times</i></li> </ul> | <ul style="list-style-type: none"> <li>Anger</li> <li>Forgiveness</li> <li>Nonviolence</li> <li>Peace</li> <li>Slander</li> </ul>           | Book of Offering: Anaphora of Saint Peter (p. 774)                        | Saint Francis de Sales | Saint Paul            |
| <b>Lesson 20:</b><br><i>Serving Others</i>        | <ul style="list-style-type: none"> <li>Realize that true Christian love involves humble service to others.</li> <li>Summarize how Jesus served others and asked us to do the same.</li> <li>Discover ways we can use our talents to serve others.</li> </ul>                                                       | CCC 1913             | CSDC 166-167 | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Jn 13:3-15<br/><i>Jesus Washes the Disciples’ Feet</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 20:28<br/><i>“came not to be served but to...”</i></li> <li>Jn 21:15-17<br/><i>Jesus and Peter</i></li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                   | <ul style="list-style-type: none"> <li>Common Good</li> <li>Humility</li> <li>Mission</li> <li>Service</li> </ul>                           | Book of Offering: Thursday of the Mysteries (p. 308)                      | Saint Romanos          |                       |

| Lesson                                           | Learning Objectives                                                                                                                                                                                                                                                                                                             | CCC                  | CST/TOB  | Scripture References                                                                                                                                                                                                                                                                                                                                                | Vocabulary                                                                                                                                            | Maronite Wisdom/Hymn                                             | Role Model                | Saint Quote              |
|--------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|---------------------------|--------------------------|
| Part VI: Living in God's Kingdom                 |                                                                                                                                                                                                                                                                                                                                 |                      |          |                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                       |                                                                  |                           |                          |
| <b>Lesson 21:</b><br><i>Trust in God</i>         | <ul style="list-style-type: none"> <li>Discover that trust in God is the basis for Christian morality—living in God's Kingdom.</li> <li>Connect the Beatitudes of Jesus with moral choices and trusting in God.</li> <li>Grow in your desire to trust God at all times, as did Saint Jude.</li> </ul>                           | CCC 1716<br>CCC 1723 | CSDC 35  | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 12:22-31<br/><i>Do Not Worry</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Lk 12:22<br/><i>Do not worry</i></li> <li>Mt 5:3-10<br/><i>The Beatitudes</i></li> </ul>                                                                                        | <ul style="list-style-type: none"> <li>Beatitude</li> <li>Heaven</li> <li>Kingdom of God</li> <li>Meek</li> <li>Trust</li> </ul>                      | Book of Offering: Pre-Anaphora (p. 749)                          | Saint Jude                | Saint Alphonsus Liguori  |
| <b>Lesson 22:</b><br><i>Welcome Everyone</i>     | <ul style="list-style-type: none"> <li>Affirm that Jesus calls us to love everyone, including people of other nations and races.</li> <li>Realize that our faith in Jesus makes us one with others.</li> <li>Choose to receive Holy Communion frequently as a sign of our oneness with God and other Church members.</li> </ul> | CCC 543              |          | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 7:1-10<br/><i>Jesus Heals the Centurion's Servant</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Acts 10:34-35<br/><i>"I truly understand that God shows..."</i></li> </ul>                                                                                 | <ul style="list-style-type: none"> <li>Catholic</li> <li>Holy Communion</li> <li>Gentile</li> <li>Hospitality</li> </ul>                              | Book of Offering: Anaphora of Saint John Chrysostom (p. 891)     | Saint Paul                | Saint Benedict           |
| <b>Lesson 23:</b><br><i>Following the Church</i> | <ul style="list-style-type: none"> <li>Understand the rules of the Church we are to follow.</li> <li>Understand how these rules help us grow in love of God and neighbor.</li> <li>Increase our desire to grow in love and moral goodness.</li> </ul>                                                                           | CCC 2041             | CSDC 258 | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Lk 15: 11-32<br/><i>The Parable of the Prodigal and His Brother</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Mt 5:17<br/><i>"Do not think that I have come to..."</i></li> <li>Mt 5:19<br/><i>"Therefore, whoever breaks one of the least..."</i></li> </ul> | <ul style="list-style-type: none"> <li>Abstinence</li> <li>Fasting</li> <li>Holy Days</li> <li>Rules of the Church</li> </ul>                         | Book of Offering: Consecration and Renewal of the Church (p. 12) | Saint Ignatius of Antioch | Saint Gregory the Great  |
| <b>Lesson 24:</b><br><i>Be Reconciled</i>        | <ul style="list-style-type: none"> <li>Realize that throughout life we are continually called to turn away from sin and be reconciled with God and others.</li> <li>Explore the parts of the Holy Mystery of Penance.</li> <li>Deepen our desire to celebrate the Mystery of Penance frequently.</li> </ul>                     | CCC 1422             |          | <b>Climbing the Mountain:</b> <ul style="list-style-type: none"> <li>Mt 5:17-20<br/><i>The Law and the Prophets</i></li> </ul> <b>Other References:</b> <ul style="list-style-type: none"> <li>Lk 15:11-32<br/><i>The Parable of the Prodigal and His Brother</i></li> </ul>                                                                                        | <ul style="list-style-type: none"> <li>Absolution</li> <li>Contrition</li> <li>Mystery of Penance</li> <li>Penance</li> <li>Reconciliation</li> </ul> | Book of Offering: Anaphora of Saint John Chrysostom (p. 877)     | Mary                      | Saint Isidore of Seville |

## Lesson 1

# Seek the Truth, Choose the Good, Love the Beautiful.

## Lesson Objectives

- Explore our faith in God, who is good and who created a good world.
- Appreciate the gift of conscience: God's voice within us that helps us choose what is good and avoid what is evil.
- Learn how Saint Maron sought the truth, chose the good, and loved beauty.

## Lesson Summary

In this lesson we will explore the beauty of the world that God created and how we can seek the good every day by following God's plan for us.

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## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Introduce yourself to the students. Have students introduce themselves to each other and tell something they most enjoyed about their summer.
- Review the introduction.
- Show a video or song.

## **Review Point 1: Maronite Catholic Inheritance and Tradition (Minutes 10-15)**

### *For Additional Reflection:*

- Ask the students: What gifts has God given especially to you?
- Follow-up question: How do you try to use them in your life?

## **Review Point 2: How to Seek the Truth, Choose the Good, Love the Beautiful (Minutes 15-20)**

### *For Additional Reflection:*

- Discuss what it means to seek the truth, choose the good, and love the beautiful.
- Ask the students: What are some beautiful things that you notice in the world?

## **Review Point 3: Learning How to Live With the Difficulties in Life (Minutes 20-25)**

### *For Additional Reflection:*

- Discuss how even though bad things can happen, God is always there to help us.
- Ask the students: Can you think of a time when something bad happened to you and God helped you through it?

## **Activity: Choose 1 or 2 (Minutes 25-30)**

### **Activity 1: Finding Beauty in Nature**

Go outside as a class and find three beautiful things. Share why they inspire you and make you happy.

- Answers will vary.

### **Activity 2: Draw the Days of Creation**

God created many beautiful things when he created the universe. Pick one day of Creation and read about it in your Bible. Then, using the space below, draw what God created on that day.

- Day 1: Genesis 1:1-5
- Day 2: Genesis 1:6-8
- Day 3: Genesis 1:9-13
- Day 4: Genesis 1:14-19
- Day 5: Genesis 1:20-23
- Day 6: Genesis 1:24-31

Answers will vary.

## Prayer and Role Model (Minutes 25-30)

- Discuss Saint Maron's gift of seeking the truth, choosing the good, and loving the beautiful.

## Complete Recall Section

*Answer Key:*

1. The Genesis story of creation tells us that God created everything **good**.
2. We are **responsible** for our thoughts, words, actions, and the decisions we make.
3. The Bible is the Word of God and is **true** and therefore has no error. This term describes something that is trustworthy. This term speaks to our hearts
4. The voice of God within us, which helps us “to do what is good and to avoid evil” is our **conscience**.
5. When we make good choices, we grow in **holiness**; we become sharers in the life of God.
6. When we say something is **beautiful**, we mean it is pleasing to our senses, our mind, and our heart.

## Review Weekly Journal

*For Additional Reflection:*

- Ask the students to notice when they make good decisions during the week.
- Encourage the students to look for signs of God's beauty around them.

## Closing

Pray the Concluding Prayer together.

## Optional

Use the Climbing Mountain Section and the Reaching the Summit Section.

## Lesson 2

# Temptation, Sin, and Choices

## Lesson Objectives

- Realize that Satan always tempts people not to follow Jesus.
- Understand that God has given us free will.
- Carry the responsibility for our choices.

## Lesson Summary

Satan tempts us to do wrong, but we can learn how to make good decisions and avoid evil.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the Introduction.
- Show a video or song.

### Review Point 1: Temptation and Sin (Minutes 10-15)

#### *For Additional Reflection:*

- Ask the students: What are some examples of sins?
- Follow-up question: Why do you think God forgives us even when we sin?

## Review Point 2: Blame and Knowledge (Minutes 15-20)

### *For Additional Reflection:*

- Explain free will to the students.
- Ask the students: Is it hard to accept blame when you do something wrong? Why?

## Review Point 3: Making Good Choices (Minutes 20-25)

### *For Additional Reflection:*

- Discuss why it's important to make good choices.

## Activity: Choose 1 or 2 (Minutes 25-30)

### **Activity 1: Garden of Eden Skit** (Minutes 25-30)

Read through the story of the Garden of Eden and the serpent in the Climbing the Mountain section on page 35. In a small group, act out the scene together.

### *Answer Key:*

- Answers will vary.

### **Activity 2: Step Forward/Step Back**

Stand in a line. The teacher will read a situation. Step forward if it's a good decision and step backward if it's a bad one.

1. Your mother asks you to clean your room. You do it. **(forward)**
2. Your little sibling wants some of your ice cream. You eat it all yourself. **(back)**
3. There is a toy you want at the store. You sneak it out of the store in your jacket. **(back)**
4. It is time to attend the Sunday Divine Liturgy. You go with your family and pray. **(forward)**
5. Your grandfather needs someone to clean up the yard. You tell him you are busy but then go play video games. **(back)**
6. You do not like a student in your class. You still try to be nice to them. **(forward)**

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

1. Satan tempts people to do wrong. **True**
2. The first sin, also called Original Sin, is a one-of-a-kind sin committed by Adam and Eve. It has nothing to do with us. **False**
3. Because of free will, we can freely choose to do good or to do evil. **True**
4. All people who commit a sin have freely chosen to do wrong. **False**

## Review Weekly Journal (Minutes 40-45)

### *For Additional Reflection:*

- Ask the students to share one way they can avoid sin.
- Ask the students to think of one way they can better know God's will.

## Closing

Pray the Concluding Prayer together.

## Optional

Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 3

# Our Baptism and Chrismation

## Chapter Objectives

- Realize that the Holy Spirit is our helper and guides us to do good things.
- Understand that the Holy Spirit is present in all the Mysteries, and reflect on his role in Baptism.
- Ask the Holy Spirit, in prayer, to help you overcome temptation and choose what is good.

## Lesson Summary

In this lesson we will learn how God calls us as his children through Baptism.

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## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: What is Baptism? (Minutes 10-15)

- Ask the students: “What do you see in the above icon?”

### Review Point 2: Gift of Baptism (Minutes 15-20)

- Ask the students: What does it mean to you to be a son or daughter of God?

## Review Point 3: The Holy Spirit (Minutes 20-25)

### *For Additional Reflection:*

- Ask the students: Can you think of a time when you felt the Holy Spirit helping you to make a good choice?

## Activity: Choose 1 or 2 (Minutes 25-30)

### **Activity 1: Find the Baptismal Font**

Find the baptismal font in the Church, and pray for those about to be baptized. Write your prayer below or pray aloud as a group.

#### *Answer Key:*

- Answers will vary.

### **Activity 2:**

Choose one of the gifts of the Holy Spirit. Then, in the space below, draw someone using that gift.

#### *Answer Key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

### *Answer Key:*

Match the terms on the left with their correct descriptions on the right.

**B**—Baptism

**D**—Fortitude/Courage

**C**—Gifts of the Holy Spirit

**A**—Knowledge

**A.** This enables us to discover God's will in all things, especially the Bible and the teachings of Jesus.

- B.** The Holy Mystery that forgives Original Sin and gives us grace.
- C.** What we receive at Baptism and Chrismation.
- D.** This makes us brave in following Jesus by seeking the truth, choosing the good, and loving the beautiful.

## Review Weekly Journal (Minutes 40-44)

### *For Additional Reflection:*

- We have discussed the gifts of the Holy Spirit. Think of one that is important in your life. Write: Which gift of the Holy Spirit helps you the most? Which one do you lack, and how can you grow in that gift?

## Closing

Pray the Concluding Prayer together.

## Optional

Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 4

# Growing in Virtues

## Lesson Objectives

- Realize that the Christian Life involves practicing moral virtue.
- Understand the role of the virtues of prudence, justice, fortitude, and temperance in your life.
- Increase your desire to grow in virtue.

## Lesson Summary

In this lesson we will learn the importance of trusting God as our Father.

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## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Real Christians (Minutes 10-15)

- Ask the students: What does it mean to be “rich” as a Christian?

## Review Point 2: What Is Virtue? (Minutes 15-20)

- Ask the students: What do you think is your greatest virtue?

## Review Point 3: Moral Virtues (Minutes 20-25)

- Ask the students: Can you think of a time when you used a moral virtue to do what was good?

## Activity: Choose 1 or 2 (Minutes 25-30)

### Activity 1: Draw a Virtuous Superhero

We have discussed the gifts of the Holy Spirit. Think of one that is important in your life.

Write: Which gift of the Holy Spirit helps you the most? Which one do you lack, and how can you grow in that gift?

- Answers will vary.

### Activity 2: Make a Coat of Arms

Write the name of your favorite virtue on the scroll. Next, draw an image representing it.

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

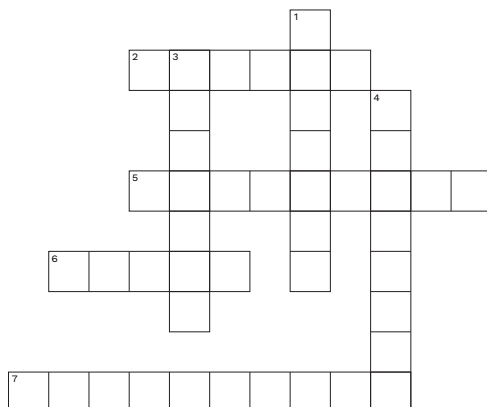
*Answer key:*

### Across:

- 2. Virtue
- 5. Fortitude
- 6. moral
- 7. Temperance

### Down:

- 1. Justice
- 3. immoral
- 4. Prudence



## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

- Describe one way that you practiced a moral virtue during this past week, and one moral virtue you need to work on.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 5

# The Bible

## Lesson Objectives

- Learn about the Ten Commandments as the basis for living as good Maronites.
- Realize how the whole Bible, the Old Testament and the New Testament, is the Word of God.
- Grow in our desire to listen to, and obey, God's Word, which is proclaimed at every Divine Liturgy.

## Lesson Summary

The Bible is the greatest book ever written. In this lesson we will see how the Bible gives us direction for being good Maronites.

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## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: The Ten Commandments (Minutes 10-15)

- Ask the students: How do you think Moses felt when God spoke to him and gave him the Ten Commandments?

## Review Point 2: The Old and the New Testament (Minutes 15-20)

- Ask the students: Do you ever sit down and read parts of the Bible?
- Follow-up question: Do you have a favorite story from the Bible?

## Review Point 3: Service of the Word (Minutes 20-25)

- Ask the students: Do you remember this Sunday's Gospel reading?

## Activity: Choose 1 or 2 (Minutes 25-30)

### Activity 1: Get in Order

Your teacher will hand you a slip of paper with one of the Ten Commandments written on it. Work together to line up in the correct order. Next, read your commandment aloud. Write the number of each commandment below.

#### *Answer key:*

1. I, the LORD, am your God. You shall not have other gods besides me.
2. You shall not take the name the LORD, your God, in vain.
3. Remember to keep holy the Sabbath day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet [desire] your neighbor's [husband or] wife.
10. You shall not covet [desire] your neighbor's house nor anything else that belongs to him.

## Activity 2:

Directions: Cut out two stone tablets from colored paper and write the Ten Commandments on them.

Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

Use the words below to answer these questions.

*Answer key:*

1. What did God give to Moses on Mount Sinai? **Ten Commandments**
2. What is the name of the first part of the Bible? **Old Testament**
3. What part of the Bible tells us about Jesus and the early Church? **New Testament**
4. What do Maronites call the first part of the Divine Liturgy, in which Bible passages are read? **Service of the Word**
5. What kind of relationship between God and humans is expressed in the commandments? **Covenant**

## Review Weekly Journal (Minutes 40-44)

This Sunday at the Divine Liturgy, listen closely to the homily.

Write: Share one thing you learned from the homily.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 6

# Jesus

## Lesson Objectives

- Understand how Jesus, the Son of God, lived the virtues of faith, hope, and charity.
- Discover the meaning of the new commandment of Jesus to love one another.
- Develop a stronger love for others by knowing and appreciating the gospels.

## Lesson Summary

As Maronite Catholics, we must remember that Jesus is our friend. In this lesson we'll explore the new commandment Jesus gave to us.

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## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Understand Jesus and His Virtues (Minutes 10-15)

- Ask the students: How do you spend time talking to Jesus?

### Review Point 2: Discover Jesus' New Commandment

## (Minutes 15-20)

- Ask the students: Do you think Jesus' new commandment is easy or hard to follow? Why?

## Review Point 3: Develop a Stronger Love for Others and Appreciation for the Gospels (Minutes 20-25)

- Ask the students: Can you think of a time that someone used the Golden Rule to show they cared about you?

## Activity: Choose 1 or 2 (Minutes 25-30)

### Activity 1:

Use the space below to create a triptych.

#### *Answer key:*

- Answers will vary.

### Activity 2:

Label three walls in your classroom "Faith", "Hope", and "Charity." Your teacher will read different scenarios involving Faith, Hope, and Love, move to the wall that represents the demonstrated virtue.

## Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

Match the terms in Column A with the correct descriptions in Column B.

### **A**

**(F)** 1. Great Commandment

**(C)** 2. Second greatest commandment

**(B)** 3. Golden Rule

**(E)** 4. Law of Love

**(A)** 5. Gospels

**(D)** 6. Theological Virtues

## **B**

**A.** Four books about Jesus in the New Testament.

**B.** “Do to others as you would have them do to you.”

**C.** “You shall love your neighbor as yourself.”

**D.** Faith, hope, and charity.

**E.** “Love one another as I have loved you.”

**F.** “You shall love the Lord your God with all your heart, and with all your soul, and with all your mind.”

## **Review Weekly Journal (Minutes 40-44)**

### *For Additional Reflection:*

- Pick one theological virtue and explain how you can practice it.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 7

# The Church

## Lesson Objectives

- Learn that the Holy Spirit is always with the Church, helping to guide her teachings.
- Identify the Pope and our Maronite Patriarch as teachers of right and wrong, based on the Gospels.
- Discover various ways the Church teaches us how to live good and holy lives.

## Lesson Summary

In this lesson we will see how the Church teaches us to love God and live as good Maronites.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: The Holy Spirit Helps the Church (Minutes 10-15)

- Ask the students: What does it mean to you to be a member of the Maronite Catholic Church?

## Review Point 2: The Church's Teachers (Minutes 15-20)

- Ask the students: How do our Church leaders help us to be good Maronites?

## Review Point 3: Other Ways of Teaching (Minutes 20-25)

Have the students think about how they can be teachers within the Church.

## Activities: Choose 1 or 2 (Minutes 25-30)

### Activity 1:

Scripture contains fascinating stories about the Twelve Apostles. Look up the verse below and identify which apostle or apostles appear in the icon.

#### Answer key:

- Thomas
- James and John
- Peter

### Activity 2: Word Search

#### Answer key:

#### Words

Patriarch  
Apostle  
Hoosoyo  
Bishop  
Deacon  
Priest  
Pope



## Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

## Complete Recall Section (Minutes 35-40)

Underline the correct word to complete each sentence.

*Answer key:*

1. A (**Church** | **Pentecost**) is a group of people who have the same faith.
2. Jesus chose twelve men to be his (**deacons** | **apostles**).
3. The Holy Spirit came to the apostles on (**Easter** | **Pentecost**).
4. The leader of the Catholic Church is the (**pope** | **patriarch**).
5. An (**pastoral letter** | **encyclical**) is a letter written by the pope to the whole Church.
6. Another name for the Prayer of Forgiveness in the Divine Liturgy is (**Hoosoyo** | **homily**).
7. The main teacher of the Church is the (**Holy Spirit** | **patriarch**).

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

- Write one way you have followed Jesus this past week and one way you plan to follow him this coming week.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 8

# The Saints

## Lesson Objectives

- Connect the ancestors of our Maronite Church directly with Jesus.
- Realize that saints are followers of Jesus who lead lives of heroic virtue.
- Grow in our desire to imitate Maronite saints in following the way of Jesus.

## Lesson Summary

Did you know that we are all called to be saints? In this lesson we'll learn what it means to be a saint.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Jesus and the Phoenicians (Minutes 10-15)

- Ask the students: What would you have said to Jesus if you were in Lebanon when he visited?

### Review Point 2: Following Jesus (Minutes 15-20)

Ask the students: Do you have a favorite saint? Do you know their feast day?

## Review Point 3: What We Believe (Minutes 20-25)

Recite the creed with the students.

### Activities: Choose 1 or 2

#### Activity 1: Patron Saints

Share with the class if you're named after a saint and what you know about them. If not, share a saint you admire and why!

*Answer key:*

- Answers will vary.

#### Activity 2: Find a Saint

Find a statue or image of a saint in your Church and find out who it is. Ask that saint to pray for you.

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Use the words in the Word Box to complete the sentences.

*Answer key:*

1. The **creed** is a profession of faith.
2. Jesus is one **person**.
3. Jesus has two **natures**.
4. God is a **Trinity**.
5. Jesus is both God and **man**.

## **Review Weekly Journal (Minutes 40-44)**

*For Additional Reflection:*

Look up the story of a Maronite saint and reflect on his or her life.

Write: Compose a prayer for that saint.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 9

# Worship God Alone

- Explore the meaning of the first commandment.
- Consider ways that people today sometimes worship false gods.
- Discuss false gods we see today.

## Lesson Summary

In this lesson, we will examine the false gods in our world today and learn how to focus our worship only on God.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: First Commandment (Minutes 10-15)

Ask the students: What are ways that you and your family worship and honor God?

### Review Point 2: False Gods (Minutes 15-20)

Ask the students: Does it seem silly to you that people used to worship a golden calf?

*For Additional Reflection:*

Why do you think it was easier for them to worship a false god than to worship God in heaven?

## Review Point 3: Today's False Gods (Minutes 20-25)

Ask the students: Can you think of a false god that some people worship today? (If the students need help, give examples like being popular or having lots of money).

### Activities: Choose 1 or 2

#### Activity 1: Maze

Navigate the maze to find Jesus, avoiding idols like money and fame along the way.

*Answer key:*

#### Activity 2: Prayer Chart

Fill in the prayer chart.

*Answer key:*

- Answers will vary.



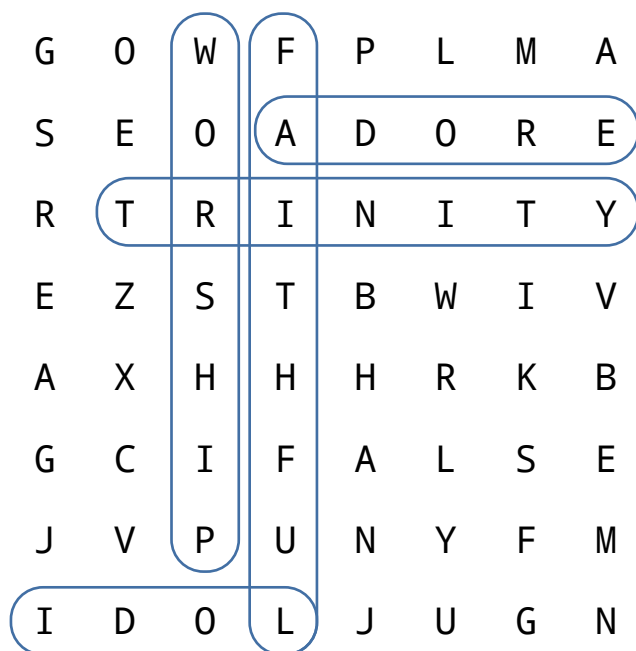
## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Find and circle the five words below hidden in this puzzle. Then use the words to answer the questions below.

*Answer key:*



## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Think about new ways that you can worship God this week.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 10

# Respect God's Name

## Lesson Objectives

- Recognize the importance of respecting God and using his name with reverence.
- Understand that respecting God's name requires a sincere and loving relationship with God as Father.
- Grow in our desire to bless God with all our words, like Saint John Chrysostom.

## Lesson Summary

In this lesson, we will come to understand how holy God's name is and why we must always respect it.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Second Commandment (Minutes 10-15)

- Ask the students: Why is it important to respect someone's name?

### Review Point 2: Respecting Names (Minutes 15-20)

- Ask the students: Have you ever heard someone use God's name disrespectfully? How did that make you feel?

## Review Point 3: The Father “Abba” (Minutes 20-25)

Reflection: Aren’t we all lucky to be able to call God our Father?

### Activities: Choose 1 or 2.

#### Activity 1:

Put an X before the people who are using God’s name disrespectfully.

*Answer key:*

**X** Tom is surprised at his birthday present and exclaims, “Oh, God!”

In court, a witness uses God’s name to take an oath to tell the truth.

Meghan always says “God bless you” after someone sneezes.

Julie uses the name of God while telling her little sister about God.

**X** George lies in court after taking an oath.

**X** Bob curses the boy who stole his bike.

**X** Margaret is shocked to see the damage the tornado did and says, “Jesus Christ!”

#### Activity 2:

Open the Scriptures and find five titles that Jesus calls himself.

*Answer key:*

- Some possible answers are son of man, bridegroom, light of the world, Lord, the vine.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Unscramble the words to complete the sentences

*Answer key:*

1. To **BLASPHEME** is to sin against the second commandment.
2. One way to show **RESPECT** for God is to say his name with love and reverence.

3. Obeying the second commandment requires a sincere and loving relationship with God as **FATHER**.
4. Saint John's nickname was **CHRYSOStOM**.
5. We can imitate Saint John by **BLESSING** God with all our words.
6. **PIETY** is the Gift of the Holy Spirit that helps us obey the second commandment.

## Review Weekly Journal (Minutes 40-44)

### *For Additional Reflection:*

How has God responded to you during your prayer this week?

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 11

# The Lord's Day

## Lesson Objectives

- Explain the third commandment and how the Israelites observed the Sabbath.
- Understand why Sunday became “the Lord’s Day” for Christians.
- Affirm that the Resurrection of Jesus makes all time—past, present, and future—holy.

## Lesson Summary

In this lesson, we will talk about how important it is to honor the Lord’s Day.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: The Seventh Day (Minutes 10-15)

- Ask the students: What does your family usually do on Sundays?

### Review Point 2: What Purpose Does the Sabbath Serve? (Minutes 15-20)

- Ask the students: What is the most important thing you can do on the Sabbath?

## Review Point 3: Why Is Our Sabbath on Sunday? (Minutes 20-25)

- For reflection: Think of new habits you could create to honor the Sabbath.

### Activities: Choose 1 or 2.

#### Activity 1:

Pick which answer is the correct way to keep the Lord's day holy.

*Answer key:*

1. **C.** Go to the Divine Liturgy
2. **B.** Spend time with your family.
3. **B.** Go for a walk and enjoy nature.
4. **A.** Pray the Rosary and read a good book.

#### Activity 2:

Why do you think God gave us this commandment?

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Complete the crossword. Use the following clues.

*Answer key:*

### Across:

2. Justin

3. Pharisees

6. Resurrection

8. Third

9. Holy

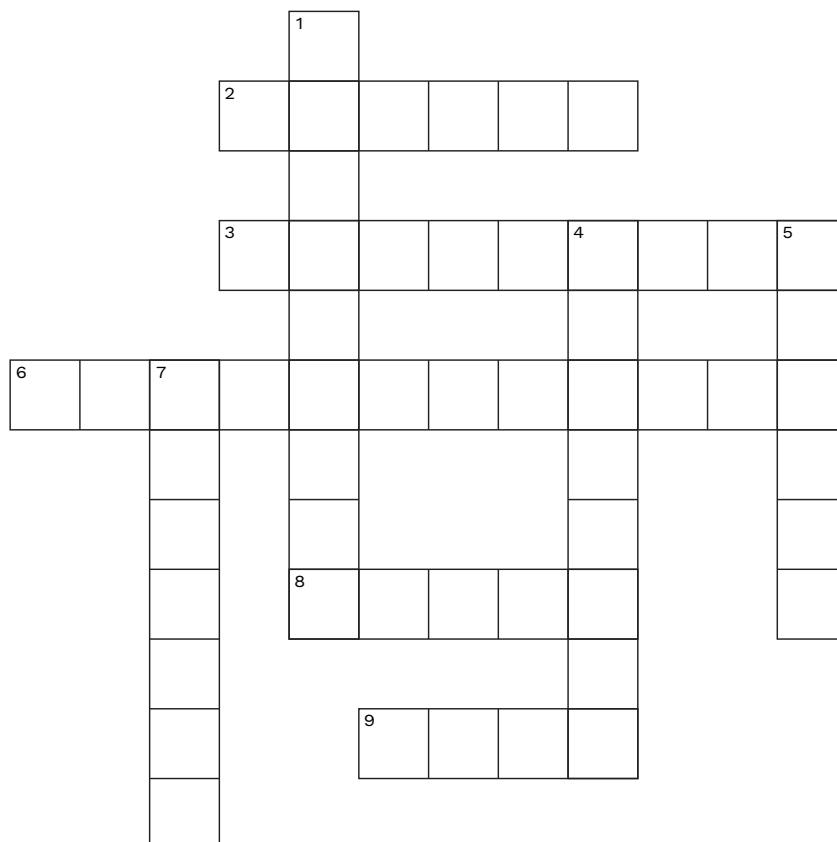
### Down:

1. Eucharist

4. Saturday

5. Sunday

7. Sabbath



## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

- Think of something fun and relaxing that you can do on the Sabbath.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 12

# Prayer

## Lesson Objectives

- Explore what Jesus taught about prayer.
- Learn that prayer not only helps us grow in friendship with God; it also helps us lead moral lives.
- Summarize ways that Maronites pray at home, in Church, and throughout the day.

## Lesson Summary

Prayer should be the most important thing we do every day. In this lesson, we discuss different ways to pray and how they all help us grow closer to God.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: What Is Prayer and Why Do We Pray? (Minutes 10-15)

- Ask the students: When is your favorite time to pray?

### Review Point 2: How Prayer Helps Us (Minutes 15-20)

- For reflection: Think about times that you have been helped by prayer.

## Review Point 3: How we pray (Minutes 20-25)

Ask the students: Do you have a favorite prayer?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

What do you see in the painting?

*Answer key:*

- Answers will vary.

### Activity 2:

Write and discuss

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Match the terms in Column A with the correct descriptions in Column B.

*Answer key:*

**(C.)** 1. Church Year

**(D.)** 2. Devotions

**(F.)** 3. Eucharistic Prayer

**(E.)** 4. Forgiveness

**(H.)** 5. Petition

**(A.)** 6. Prayer

**(G.)** 7. Sharbel

**(B.)** 8. Temptation

## **Review Weekly Journal (Minutes 40-44)**

*For Additional Reflection:*

Write your own devotion to God and try to pray it every day this week.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 13

# Family Honor

## Lesson Objectives

- Explore the fourth, sixth, and ninth commandments in terms of family life.
- Learn what makes a family holy by looking to Jesus, Mary, and Joseph
- Discover how the Mystery of Crowning helps all family members relate in good ways to one another.

## Lesson Summary

In this lesson, we will discuss the importance of belonging to God's family through Baptism and our human family.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Family Life (Minutes 10-15)

- Ask the students: What does family honor mean to you?

### Review Point 2: The Fourth Commandment

## (Minutes 15-20)

- For reflection: Think about ways that you could be even stronger in obeying your parents.

## Review Point 3: The Sixth and Ninth Commandments (Minutes 20-25)

- Ask the students: Have you ever attended a Mystery of Crowning? What do you remember about it?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Draw your family tree.

*Answer key:*

- Answers will vary.

### Activity 2:

Act out a skit.

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

*Answer key:*

1. Which three commandments deal with family life? **fourth, sixth, and ninth**
2. What is family honor? **obedience between children and parents, as well as loyalty between husband and wife**
3. Who is the Holy Family? **Jesus, Mary, and Joseph**
4. What do a man and woman promise in the Mystery of Crowning? **to love one another**

**for life**

5. What is the sin of not being faithful to one's marriage partner? **adultery**
6. What word means that children do what their parents or guardians say? **obedience**
7. What saint is a model for family honor? **Saint Joseph**

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Do something kind for your family this week.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 14

# Respect Life

## Lesson Objectives

- Realize that the fifth commandment calls us to treat all human beings with respect.
- Learn how Jesus treated children, the elderly, the disabled, and the sick.
- Grow in appreciation of the Mystery of Anointing of the Sick and respect for people who are suffering.

## Lesson Summary

In this lesson, we will learn to follow Jesus' example of respecting life.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: The Fifth Commandment (Minutes 10-15)

- Ask the students: How do you show respect for people who are older than you?

### Review Point 2: Jesus' Witness (Minutes 15-20)

- Ask the students: Do you have a favorite Bible story about Jesus treating people with kindness?

## Review Point 3: Defending the Vulnerable

### (Minutes 20-25)

- Ask the students: Why do you think it's important to treat people with respect no matter how young or old they are?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

If the student IS choosing life, write Y or Yes on the line. If the student IS NOT choosing life, write N or No on the line.

**(Y)** 1. Denis volunteers to help in the Parish Day Care Room during the Divine Liturgy on Sunday. He entertains the children and helps to keep them safe.

**(N)** 2. Yara is mean to her little brothers when she is babysitting them.

**(N)** 3. John teases his little sister because she cannot do everything he can. Many times, she cries.

**(N)** 4. Vanessa is mad at her parents because they will not let her see a certain movie. She does not talk to them during dinner.

**(N)** 5. George likes to bully the neighborhood children by throwing rocks at them.

**(N)** 6. Hal and Doris know that their mother is trying to sleep because she is sick, but they make a lot of noise anyway.

**(N)** 7. Zeta frequently gets annoyed and angry with her little sister. "I wish you were never born," she says.

**(Y)** 8. Julie runs to open the door for an elderly man who is

### *Answer key:*

- Answers will vary.

### Activity 2:

My prayer for the sick.

### *Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Use the Words to Know below to answer the questions.

*Answer key:*

1. Every human being on this earth is made in God's image and has **dignity**.
2. Every human being has a body and a divine **soul** that will live forever.
3. **Abortion** is the killing of an unborn child.
4. **Anointing of the Sick** is a Holy Mystery about bodily and spiritual healing.

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Think about someone you may not have respected in the past and reach out to them. Try to treat them with kindness.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 15

# Respect Earthly Goods

## Lesson Objectives

- Affirm the right of all people to own private possessions.
- Explore the seventh and tenth commandments.
- Realize our duty to be good stewards of all that God has given us.

## Lesson Summary

God wants us to respect people and their earthly goods. In this lesson, we will see how we can be good stewards of what God has given us.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Seventh and Tenth Commandments (Minutes 10-15)

- Ask the students:

Can you think of a time when you were envious or jealous of something someone else had? For example, an iPhone, a Switch, or a pair of shoes?

### Review Point 2: Stealing and Cheating (Minutes 15-20)

- Is stealing ever okay?

## Review Point 3: Respect for Property (Minutes 20-25)

- Do you share your possessions with others? Give some examples.

Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Interpret Saint Anthony's Code of Living

**Answer key:**

- Answers will vary.

### Activity 2:

Act out the story of Jesus and Zacchaeus

**Answer key:**

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Match the words in Column A with the correct descriptions

in Column B.

Answer key:

### A

(D.) 1. Anthony

(F.) 2. Covet

(G.) 3. Envy

(H.) 4. Greed

(B.) 5. Seventh Commandment

**(E.)** 6. Stewardship

**(C.)** 7. Tenth Commandment

**(A.)** 8. Zacchaeus

## **B**

**A.** Tax collector who repented of cheating people

**B.** Describes the actions we are to have regarding possessions

**C.** Describes the attitudes we are to have regarding possessions

**D.** Saint who gave away all his possessions

**E.** Taking good care of the earth and what we have

**F.** Wanting something that belongs to someone else

**G.** Being jealous of what other people have

**H.** Wanting everything for ourselves

## **Review Weekly Journal (Minutes 40-44)**

*For Additional Reflection:*

Thank someone for sharing their possessions with you.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 16

# Be Truthful

## Lesson Objectives

- Describe what the eighth commandment means, using modern-day examples.
- Affirm our belief in the Trinity as the God of truth.
- Increase our desire to tell the truth, as Saint Stephen did.

## Lesson Summary

In this lesson, we will learn about the eighth commandment and explore how Jesus teaches us to be truthful.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: The Eighth Commandment (Minutes 10-15)

For reflection: Think about a time that you may have said something not very nice about someone. Looking back, how do you think it made that person feel?

### Review Point 2: The Early Church (Minutes 15-20)

- Ask the students: Do you think you would be as brave as Paul to travel to far away lands and preach the Gospel?

## Review Point 3: Jesus and Truth (Minutes 20-25)

- Ask the students: What do you think Jesus means when he says, “The truth will make you free”?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Unscramble the words to discover the hidden message. Then answer the questions.

#### *Answer key:*

- Honesty is the best policy.
1. Answers will vary.
  2. Answers will vary.

### Activity 2:

Label some of the places that Saint Paul visited on the map below: Syria, Cyprus, Italy, Greece, and Turkey.

#### *Answer key:*



## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Answer true or false.

1. It is only important to tell the truth in a courtroom. **F**
2. The eighth commandment is all about being honest. **T**
3. It's all right to cheat if you do not get caught. **F**
4. Slander is the sin of telling lies about other people. **T**
5. We try to be truthful because God is all truthful. **T**
6. Honesty brings about justice and freedom. **T**
7. Saint Stephen was the first martyr, or true witness, of Jesus. **T**
8. We cannot be dishonest if we remain silent. **F**

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Think about how being honest makes you feel and how being dishonest makes you feel.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 17

# Who Is My Neighbor?

## Lesson Objectives

- Understand that “neighbor” includes strangers—people we do not know and may never meet.
- Develop a caring spirit for all people.
- Follow the example of Saint John Maron in praying for our enemies.

## Lesson Summary

It may seem strange to love people we do not know, but in this lesson we’ll see how Jesus teaches us to love all of our brothers and sisters.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Who Is My Neighbor? (Minutes 10-15)

Ask the students: What is the lesson in the story of the Good Samaritan?

### Review Point 2: Praying for Others (Minutes 15-20)

- For reflection: Think about someone you might now always get along with and think of ways that you can show love toward that person.

## Review Point 3: Jesus and Truth (Minutes 20-25)

- For reflection: We can and should pray for other people. Think about someone you haven't seen in a long time and offer a prayer to God for them.

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Fill in the blanks to complete the sentences and the puzzle.

#### *Answer key:*

- Likeness
- Enemies
- Solidarity
- Strangers
- John
- Neighbors
- Good
- intercession
- Compassion

### Activity 2:

Praying for other

#### *Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Choose the right answer for each question.

1. Which person acted as a good neighbor in the parable of Jesus? **C. Samaritan**
2. Which people are included in the term neighbor? **D. All of the above**

3. Which of the following words means “to suffer with” others? **B. Compassion**
4. Which person prayed for enemies? **B. Saint John Maron**
5. What is justice that is “standing as one” with other people? **A. Solidarity**

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Make a list of people to pray for this week.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 18

# Works of Mercy

## Lesson Objectives

- Realize that Christian morality includes compassion for the poor.
- Explain the corporal and spiritual works of mercy.
- Increase your desire to help the poor, as did Saint Basil.

## Lesson Summary

In this lesson, we will see that “neighbor” includes those who are poor and in need.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Compassion for the Poor (Minutes 10-15)

Ask the students: What are some ways that you can “stand as one” with people in need? Some examples might be donating food or clothing to a shelter or raising money for a poor family.

### Review Point 2: Corporal Works of Mercy (Minutes 15-20)

- For reflection: Think about times that you’ve helped someone in need.

## Review Point 3: Spiritual Works of Mercy (Minutes 20-25)

- Ask the students: Which of the spiritual works of mercy seems the hardest and which seems the easiest?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

For each work of mercy, write C if it is a corporal work of merit and S if it is a spiritual work of mercy.

#### *Answer key:*

1. **(S)** Bear wrongs patiently.
2. **(C)** Visit the imprisoned.
3. **(C)** Give drink to the thirsty.
4. **(S)** Forgive injuries.
5. **(C)** Visit the sick.
6. **(S)** Counsel the doubtful.
7. **(S)** Instruct the ignorant.
8. **(C)** Feed the hungry.
9. **(C)** Bury the dead.
10. **(S)** Admonish the sinner.
11. **(C)** Shelter the homeless.
12. **(C)** Clothe the naked.
13. **(S)** Pray for the living and dead.
14. **(S)** Comfort the sorrowful.

### Activity 2:

Create a mercy posted.

#### *Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

# Complete Recall Section (Minutes 35-40)

Use the clues to complete the crossword puzzle.

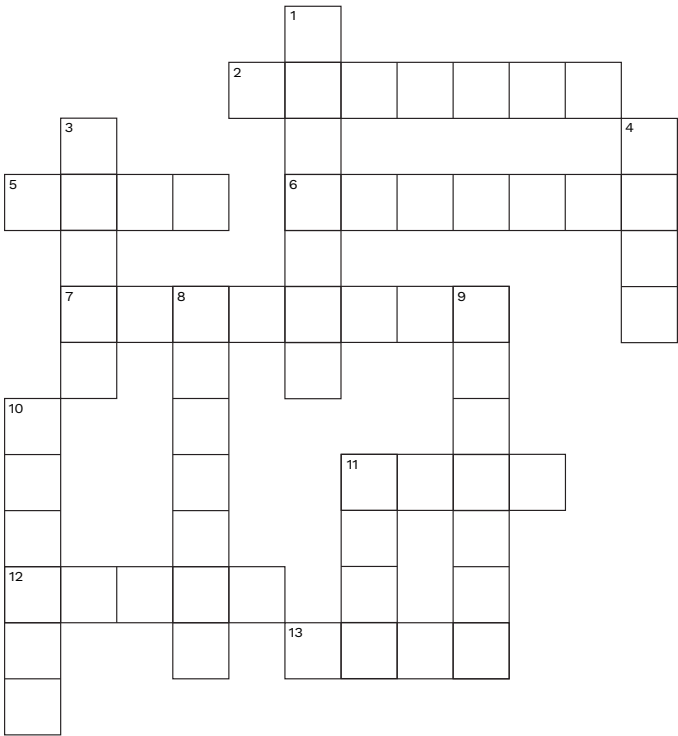
*Answer key:*

**Down:**

- 1. Comfort
- 4. Feed
- 8. Shelter
- 9. Thirsty
- 10. Sinner
- 11. Bear

**Across:**

- 2. Counsel
- 3. Visit
- 5. Sick
- 6. Forgive
- 7. Instruct
- 12. Naked



# Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Think about a work of mercy that you and your family can do this week.

# Closing (Minutes 45)

- Pray the Concluding Prayer together.

# Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 19

# Forgiveness and Peace

## Lesson Objectives

- Realize that mercy involves more than words and actions; it also involves our attitudes toward others.
- Explore Jesus' teaching about peace, nonviolence, and forgiveness.
- Grow in our desire to make peace with others, following the example of Jesus.

## Lesson Summary

In this lesson, we will learn about the virtue of mercy.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: More About Anger (Minutes 10-15)

Ask the students: Have you ever had to control your anger? What did you do to control it?

### Review Point 2: Revenge (Minutes 15-20)

- Ask the students: What do you think feels better: forgiving others or being angry and seeking revenge?

## Review Point 3: Forgiveness (Minutes 20-25)

- Ask the students: The Apostles abandoned Jesus when he needed them, but Jesus forgave them. Do you think it would be hard to forgive people who weren't there to support you?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Dealing with anger

*Answer key:*

- Answers will vary.

### Activity 2:

Report about the arrest of Jesus

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Answer true or false.

*Answer key:*

1. The virtue of mercy helps us forgive others when they have hurt us. **T**
2. If someone hurts us first, it is OK to hurt that person in return. **F**
3. The feeling of anger itself is not a sin. **T**
4. Christians try to make peace with others instead of seeking revenge. **T**
5. We can stop forgiving others the seventy-eighth time they hurt us. **F**
6. Jesus forgave the soldiers who nailed him to the cross. **T**

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Have you ever been forgiven after you've hurt someone or made them angry?

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 20

# Serving Others

## Lesson Objectives

- Realize that true Christian love involves humble service of others.
- Summarize how Jesus served others and asked us to do the same.
- Discover ways we can use our talents to serve others.

## Lesson Summary

In this lesson, we will see how mercy helps us to forgive others.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: God's Servant (Minutes 10-15)

Ask the students: What are some ways that we can serve others?

### Review Point 2: Humility (Minutes 15-20)

- Ask the students: Do you know someone who has a lot of humility? What are they like?

## Review Point 3: The Humility of Jesus and Mission (Minutes 20-25)

- For reflection: Think about what kind of service Jesus might be calling you to do.

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Fill in the blank.

*Answer key:*

1. Jesus **washed** his apostles' feet at the **Last Supper**.  
Jesus showed the virtue of **humility**.
2. After the Resurrection, some of the apostles were **fishing** when Jesus called them from the beach. He gave his apostles and every follower an important **mission**.
3. When we do what is best for the most people, we call this the **common good**.

### Activity 2:

Put the following events in the correct order as to when they occurred.

*Answer key:*

1. Jesus serves breakfast to his apostles
2. Jesus is crucified
3. Saint Peter denies Christ
4. Jesus washes his apostles' feet
5. Jesus rises from the dead

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Match the words in Column A with the correct descriptions in Column B.

***Answer key:***

- (D.)** 1. Common good
- (G.)** 2. Humility
- (H.)** 3. Jesus=
- (C.)** 4. Mission
- (E.)** 5. Peter
- (B.)** 6. Romanos
- (F.)** 7. Service
- (A.)** 8. Thursday of the Mysteries

## **Review Weekly Journal (Minutes 40-44)**

***For Additional Reflection:***

Choose a service to help others and reflect on how you felt afterward.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 21

# Trust in God

## Lesson Objectives

- Discover that trust in God is the basis for Christian morality—living in God’s Kingdom.
- Connect the Beatitudes of Jesus with moral choices and trusting in God.
- Grow in your desire to trust God at all times, as did Saint Jude.

## Lesson Summary

In this lesson, we will grow to understand how Jesus helps us to trust in God.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Do not Worry (Minutes 10-15)

Ask the students: What was something you were worried about that turned out to be fine?

*For Additional Reflection:*

Did worrying help?

### Review Point 2: God’s Kingdom

For reflection: Have the students imagine what God’s kingdom might look like.

## Review Point 3: Kingdom Attitudes (Minutes 15-20)

- Ask the students: Why do you think Jesus gave us the beatitudes?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Trust thermometer

#### *Answer key:*

- Answers will vary.

### Activity 2:

God's many gifts

#### *Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Fill in the blanks using the Words to Know.

#### *Answer key:*

1. **Trust** means that we can depend on someone to be faithful and true; we can rely on another person to be there to help us.
2. As Jesus taught, God is a loving, caring **Father**.
3. The home that God has made for us is called the **Kingdom of God**.
4. If we really trust God, we will live by certain attitudes that Jesus calls the **beatitudes**.
5. Another name for the Kingdom of God is **heaven**.

## **Review Weekly Journal (Minutes 40-44)**

*For Additional Reflection:*

Try to put your whole trust in God this week and reflect on what happened.

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## **Optional**

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 22

# Welcome Everyone

## Lesson Objectives

- Affirm that Jesus calls us to love everyone, including people of other nations and races.
- Realize that our faith in Jesus makes us one with others.
- Choose to receive Holy Communion frequently as a sign of our oneness with God and other Church members.

## Lesson Summary

In this lesson, we will learn to open our arms like Jesus did and be welcoming to everyone.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Jesus Welcomed Everyone (Minutes 10-15)

For reflection: Think about what it means to love all people, no matter who they are.

### Review Point 2: Living in God's Kingdom

- Ask the students: What did it mean when the apostles began to speak in different languages?

## Review Point 3: The Early Church and Hospitality

### (Minutes 15-20)

- Ask the students: Do you have friends who are not Maronite Catholics? How do you show them hospitality?

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

List where your ancestors came from. Then compare your list with those of your classmates.

#### *Answer key:*

- Answers will vary.

### Activity 2:

Draw your own welcoming symbol that your parish priest could put outside the Church.

#### *Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

True or false

#### *Answer key:*

1. Jesus only worked miracles for the Jewish people in his own country. **F**
2. The word apostolic means “universal, open to all.” **T**
3. God likes some nations better than others. **F**
4. In Antioch, the followers of Jesus were first called “Christians.” **T**
5. In the days of Jesus, a Gentile was anyone who was not Jewish. **T**
6. In Holy Communion, we show that we are brothers and sisters of one another in Christ. **T**

7. Saint Peter is known as the “Apostle of the Gentiles.” **F**
8. One way we welcome newcomers to our Church is through the ministry of hospitality. **T**

## Review Weekly Journal (Minutes 40-44)

*For Additional Reflection:*

Try to show hospitality to someone at school or church.

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

## Lesson 23

# Following the Church

## Lesson Objectives

- Understand the rules of the Church we are to follow.
- Understand how these rules help us grow in love of God and neighbor.
- Increase our desire to grow in love and moral goodness.

## Lesson Summary

Following Jesus means following his Church. In this lesson, we'll explore how to do that.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Rules of the Church (Minutes 10-15)

- Ask the students: Why is it important for the Church to have rules?
- Do you think the Church's rules are easy or hard to follow? Why?

### Review Point 2: Sundays, Holy Days and Holy Communion

Have the students think about what makes Holy Communion so special for them.

## Review Point 3: The Mystery of Penance, Fasting, and Supporting the Church (Minutes 15-20)

- Ask the students: What's a food that you really love? Would it be hard to eat less of it?

### Activities: Choose 1 or 2. (Minutes 25-30)

#### Activity 1:

Match the Maronite holy day with its date.

*Answer key:*

#### A

- \_\_\_ 1. November 1
- \_\_\_ 2. December 8
- \_\_\_ 3. December 25
- \_\_\_ 4. January 1
- \_\_\_ 5. January 6
- \_\_\_ 6. February 9
- \_\_\_ 7. 40 Days After Easter
- \_\_\_ 8. August 15

#### B

- A. All Saints' Day **November 1**
- B. Ascension Thursday **40 days after Easter**
- C. Assumption of Mary (Dormition) **August 15**
- D. Epiphany **January 6**
- E. Immaculate Conception of Mary **December 8**
- F. Nativity of the Lord (Christmas) **December 25**
- G. New Year's Day **January 1**
- H. Feast of Saint Maron **February 9**

## Activity 2:

Reasons to attend Church

### *Answer key:*

- I receive Jesus.
- I offer Jesus to the Father.
- We grow more united as a Church.
- God tells us to go.
- I grow closer to God.
- Bonus: Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Use the clues to complete the crossword puzzle.

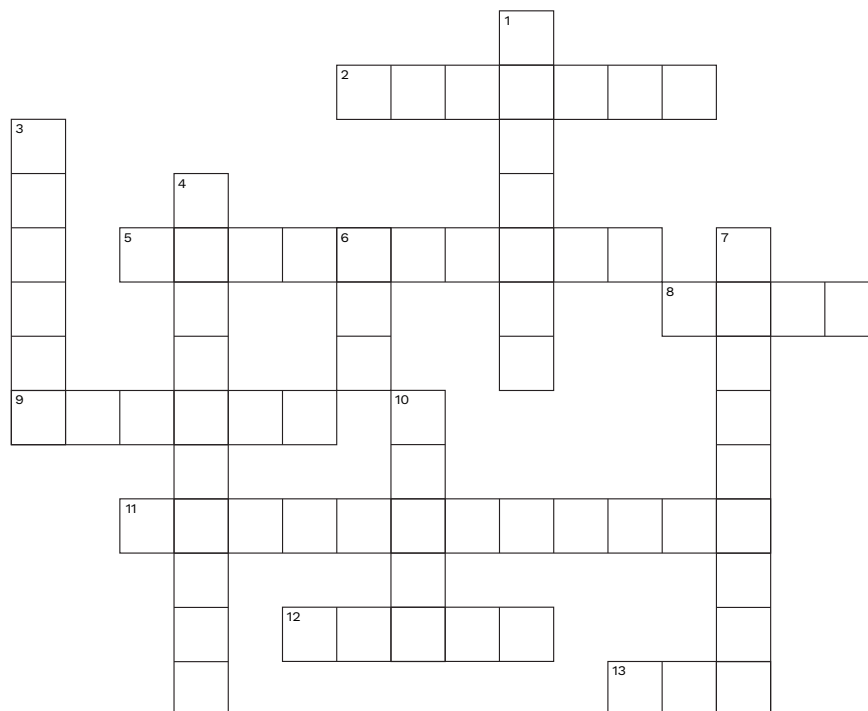
### *Answer key:*

#### **Across:**

- 2. Penance
- 5. Obligation
- 8. Work
- 9. Habits
- 11. Resurrection
- 12. Rules
- 13. Sin

#### **Down:**

- 1. Sabbath
- 3. Church
- 4. Abstinence
- 6. God
- 7. Communion
- 10. Moral



## Review Weekly Journal (Minutes 40-44)

***For Additional Reflection:***

What parts of the Qorbono were meaningful to you this week?

## **Closing (Minutes 45)**

- Pray the Concluding Prayer together.

## Lesson 24

# Be Reconciled

## Lesson Objectives

- Realize that throughout life we are continually called to turn away from sin and be reconciled with God and others.
- Explore the parts of the Holy Mystery of Penance.
- Deepen our desire to celebrate the Mystery of Penance frequently.

## Lesson Summary

In this lesson, we will see how the Mystery of Penance brings us back to God.

---

## Lesson Plan

### Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

### Review Point 1: Be Reconciled (Minutes 10-15)

- For reflection: Think about a time that you offended God and how you felt afterward.

### Review Point 2: Ongoing Conversion

- For reflection: Think about how you felt after you asked God to forgive you.

## Review Point 3: The Mystery of Penance (Minutes 15-20)

- For reflection: Think about how wonderful it is that God always forgives us and continues to love us.

## Activities: Choose 1 or 2. (Minutes 25-30)

### Activity 1:

Fill in the blanks.

*Answer key:*

#### Act of Contrition

1. O my God, I am heartily sorry **(E) for having offended thee.**
2. And I detest all my sins **(D) because of thy just punishments.**
3. But most of all because they offended thee, my God **(C) who are all good and deserving of all my love.**
4. I firmly resolve **(B) with the help of thy grace.**
5. To sin no more **(A) and to avoid the near occasion of sin. Amen.**

### Activity 2:

Forgiving father skit.

*Answer key:*

- Answers will vary.

## Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

## Complete Recall Section (Minutes 35-40)

Underline the correct answer in each sentence.

*Answer key:*

1. The word (penance | reconciliation) means “to become friends again.”
2. God is always willing to (forgive | punish) us.
3. (Chrismation | Penance) is the Holy Mystery that reconciles us to God and others.

4. The (absolution | penance) is a prayer or action that shows we are truly sorry for our sin and will try to make things right again.
5. The term (contrition | Immaculate Conception) means “sorrow for sin.”
6. (Mary | Saint Maron) was the first human to be reconciled with God after the sin of Adam and Eve.
7. We take part in a (Penitential | Communion) Rite before receiving Holy Communion during the Divine Liturgy.

## Review Weekly Journal (Minutes 40-44)

### *For Additional Reflection:*

- How do you think you have grown as a Maronite after these lessons?

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.

4. The (absolution | penance) is a prayer or action that shows we are truly sorry for our sin and will try to make things right again.
5. The term (contrition | Immaculate Conception) means “sorrow for sin.”
6. (Mary | Saint Maron) was the first human to be reconciled with God after the sin of Adam and Eve.
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## Review Weekly Journal (Minutes 40-44)

### *For Additional Reflection:*

- How do you think you have grown as a Maronite after these lessons?

## Closing (Minutes 45)

- Pray the Concluding Prayer together.

## Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.