

Lesson 12

Prayer

Lesson Objectives

- Explore what Jesus taught about prayer.
- Learn that prayer not only helps us grow in friendship with God; it also helps us lead moral lives.
- Summarize ways that Maronites pray at home, in Church, and throughout the day.

Lesson Summary

Prayer should be the most important thing we do every day. In this lesson, we discuss different ways to pray and how they all help us grow closer to God.

Lesson Plan

Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

Review Point 1: What Is Prayer and Why Do We Pray? (Minutes 10-15)

- Ask the students: When is your favorite time to pray?

Review Point 2: How Prayer Helps Us (Minutes 15-20)

- For reflection: Think about times that you have been helped by prayer.

Review Point 3: How we pray (Minutes 20-25)

Ask the students: Do you have a favorite prayer?

Activities: Choose 1 or 2. (Minutes 25-30)

Activity 1:

What do you see in the painting?

Answer key:

- Answers will vary.

Activity 2:

Write and discuss

Answer key:

- Answers will vary.

Prayer and Role Model (Minutes 30-35)

- Pray From the Maronite Tradition (Together)

Complete Recall Section (Minutes 35-40)

Match the terms in Column A with the correct descriptions in Column B.

Answer key:

(C.) 1. Church Year

(D.) 2. Devotions

(F.) 3. Eucharistic Prayer

(E.) 4. Forgiveness

(H.) 5. Petition

(A.) 6. Prayer

(G.) 7. Sharbel

(B.) 8. Temptation

Review Weekly Journal (Minutes 40-44)

For Additional Reflection:

Write your own devotion to God and try to pray it every day this week.

Closing (Minutes 45)

- Pray the Concluding Prayer together.

Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.