

Lesson 4

Growing in Virtues

Lesson Objectives

- Realize that the Christian Life involves practicing moral virtue.
- Understand the role of the virtues of prudence, justice, fortitude, and temperance in your life.
- Increase your desire to grow in virtue.

Lesson Summary

In this lesson we will learn the importance of trusting God as our Father.

Lesson Plan

Introduction (Minutes 1-10)

- Pray the Opening Prayer together.
- Review the introduction.
- Show a video or song.

Review Point 1: Real Christians (Minutes 10-15)

- Ask the students: What does it mean to be “rich” as a Christian?

Review Point 2: What Is Virtue? (Minutes 15-20)

- Ask the students: What do you think is your greatest virtue?

Review Point 3: Moral Virtues (Minutes 20-25)

- Ask the students: Can you think of a time when you used a moral virtue to do what was good?

Activity: Choose 1 or 2 (Minutes 25-30)

Activity 1: Draw a Virtuous Superhero

We have discussed the gifts of the Holy Spirit. Think of one that is important in your life.

Write: Which gift of the Holy Spirit helps you the most? Which one do you lack, and how can you grow in that gift?

- Answers will vary.

Activity 2: Make a Coat of Arms

Write the name of your favorite virtue on the scroll. Next, draw an image representing it.

- Answers will vary.

Prayer and Role Model (Minutes 30-35)

- Pray from the Maronite Tradition together.

Complete Recall Section (Minutes 35-40)

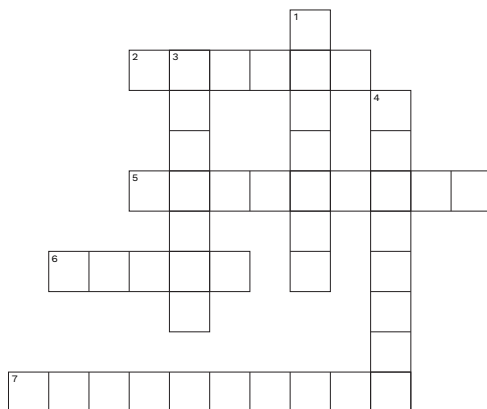
Answer key:

Across:

- 2. Virtue
- 5. Fortitude
- 6. moral
- 7. Temperance

Down:

- 1. Justice
- 3. immoral
- 4. Prudence



Review Weekly Journal (Minutes 40-44)

For Additional Reflection:

- Describe one way that you practiced a moral virtue during this past week, and one moral virtue you need to work on.

Closing (Minutes 45)

- Pray the Concluding Prayer together.

Optional

- Use the Climbing Mountain Section and Reaching the Summit Section.